

## **Bulletin Articles for November 2003**

*A set of four articles aimed at recognizing All Souls Sunday, beginning to educate parishioners about Advance Care Planning and acknowledging National Hospice Month.*

❖ For Use Sunday October 26

### ***Next Sunday We Remember Our Deceased Loved Ones.***

We remember our loved ones and friends who have gone before us on the Feast of all Souls. We can use this occasion to recall wonderful memories, celebrate great relationships, as well as respectfully mourn our losses. One day, we never know when, we will join those who we honor on the Feast of All Souls. Take time to consider how we would like our own end-of-life journey and how we can best prepare. Visit [www.Compassionandsupport.org](http://www.Compassionandsupport.org) and [www.dor.org](http://www.dor.org) for additional information.

❖ For Use Sunday November 2

### ***Remembering our loved ones and planning for our future***

Today, the remembrance of our deceased loved ones can bring to mind the circumstances and manner in which they passed. Everyone wishes to die in peaceful circumstances and with minimal pain and fear. Advances in medicine have helped to make this wish a reality. Now is a good time to look into what possibilities may be available to us and to discuss our wishes with our loved ones. For more information, visit [www.Compassionandsupport.org](http://www.Compassionandsupport.org) and [www.dor.org](http://www.dor.org). Look for articles on Advanced Care Planning and Hospice Care.

❖ For Use Sunday November 9

### ***Helping Our Families Plan For The Future***

As Catholics, we are committed to the life and care of every human regardless of his or her fragility, from the moment of conception until natural death occurs. At the same time, we understand that death is inevitable and the use of all extraordinary means of extending life is not required. November is National Hospice month. Take the time to educate yourself and your family about hospice. It can mean the world of difference in your comfort and the peace of your loved ones. Interesting websites you may want to visit are [www.dor.org](http://www.dor.org) and [www.Compassionandsupport.org](http://www.Compassionandsupport.org). Look for articles on Hospice Care and Advanced Care Planning.

❖ For Use Sunday November 16

### ***Let's Talk About Advance Care Planning***

Advance Care Planning is a process of planning for future medical care in case you are unable to make your own decisions. It is a continual process and not merely a document or isolated event. Advance Care Planning assists you in preparing for a sudden unexpected illness from which you expect to recover, as well as the dying process and ultimately death. Advance care planning is a gift to you and your family by identifying your wishes for end-of-life care. It allows you to maintain control over how you are treated and to ensure that you experience the type of care you want as you approach death. Take a look at the [www.dor.org](http://www.dor.org) and [www.compassionandsupport.org](http://www.compassionandsupport.org) websites for additional information.

❖ For Use Sunday November 23

### ***Advanced Care Planning is a Gift to your loved ones***

The Roman Catholic Diocese of Rochester has provided some materials to your parish that will give you a start in the Advance Care Planning process. Advance Care Planning is a process of planning for future medical care in case you are unable to make your own decisions. Materials to guide you are available (*individual parish, fill in*).

It may be difficult to talk about death now, but consider the alternative of no one knowing or honoring your wishes. More details are also available at [www.compassionandsupport.org](http://www.compassionandsupport.org) and [www.dor.org](http://www.dor.org).