



## **SUGGESSTIONS FOR KEEPING SUMMERTIME HOLY**

1. Continue to make Sunday Mass a priority. Even when on vacation look for a local church. Taking time for Sunday Mass, even while on vacation, helps children see the value you place on the Eucharist in your life.
2. Don't forget to take time for night prayers, and family grace. Just taking a few minutes to thank God for the gifts and blessings of the day or the food you have placed before you can be grace-filled moments for your family.
3. Check your family calendar. Can you schedule your parish or town VBS into your family schedule. Encourage your child to attend and your teen to volunteer.
4. Plan a day to take a Family Pilgrimage to a local shrine or monastery. Go to the Celebrating Our Faith Section of this web site for suggestions and information.
5. Look for ways your family can reach out to others in Christian Service during the summer months at your parish or in your town.
6. Take time to notice all the beauty that surrounds you this summer. Be sure to show your gratitude to God for his marvelous world through prayer and caring for the earth. Take 15 minutes one day to go on a scavenger hunt. Have each family member find 5 things that they are thankful for. Things that are on your property. Over supper, have each person share the "little wonders of God" they have found. Thank God for these signs of God's love that are right in your own back yard.
7. Take time to reflect on God's Word each week. Visit the Celebrating our Faith section of this website to find the Sunday readings for the summer and reflection questions.