



## County Resources: Chemung

### *County mental health services:*

Dept. of Mental Hygiene  
Human Resource Center  
425 Pennsylvania Avenue  
PO Box 588  
Elmira, NY 14902-0588  
Phone: (607) 737-5501

<http://www.chemungcounty.com/index.asp?pageId=268>

### *Support for families of individuals with mental illness:*

Finger Lakes Parent Network, [www.flpn.org](http://www.flpn.org), 1-800-934-4244

FLPN, Inc. is a parent-governed not-for-profit organization established in 1990 focused on the needs of children and youth with emotional, behavioral, mental and/or developmental disabilities and their families. The mission of FLPN, Inc. is to support and empower families so that they can improve the quality of their lives and help their children to achieve full potential within the community.

All services are provided free of charge to any family raising a child or teen with an emotional, behavioral, mental, and/or developmental disability residing in our nine county area. It is not necessary for the youth to have a medical diagnosis or educational classification. All services are voluntary. There is no income eligibility. Completion of minimal paperwork is required. All services are designed and implemented with family input.

Services include: Family Support Groups, Intensive Support Services, Respite Care, Parent and Caregiver Education, Advocacy, Information, Referral & Peer Support, Teen Support Groups and Services, and Waiver Contract Services

### *Related services or resources:*

2-1-1 Helpline, a member of the 2-1-1 Finger Lakes Collaborative, provides comprehensive information and referral to the services and support you need in Steuben, Chemung, Allegany, Schuyler, and Yates Counties.

Dial 2-1-1 or 1-800-346-2211 to speak with a call specialist.

Toll Free and Confidential.

<http://www.211helpline.org/>