



County Resources: Monroe

NOTE: Parishes in Monroe County are eligible to receive a copy of "Finding Your Way: A Guide to Behavioral Health Services in Monroe and Livingston Counties" by calling (585) 226-3150. The Guide is updated annually and includes general information on mental health and treatment of mental illness, as well as descriptions and contact information for mental health services in Monroe County.

County mental health services:

Monroe County Office of Mental Health

1099 Jay Street, Bldg. J, 2nd floor, Suite 201A, Rochester, NY 14611

(585) 753-6047

Support for families of individuals with mental illness:

Better Days Ahead

A program of the Mental Health Association

320 North Goodman, Rochester, NY 14607

(585) 325-3145

<http://betterdaysahead.org/>

National Alliance on Mental Illness (NAMI) Rochester

www.namirochester.org

(585) 423-1593

Related services or resources:

Rochester Community Mobile Crisis Team

Call 211 or 275-5151

A community based mental health mobile crisis service available to youth and adults in Monroe County.