

County Resources: Tompkins

County mental health services: Mental Health Department <u>http://www.tompkins-co.org/departments/detail.aspx?DeptID=28</u>; 201 E. Green Street 607-274-6200

EMERGENCY AND CRISIS -- FOR 24-HOUR HELP Call the Crisis Phone Line, Suicide Prevention and Crisis Service - (607) 272-1616.

Support for families of individuals with mental illness:

Family Resource Network <u>http://www.familyrn.org/</u> 46 Oneida Street, Oneonta, NY 13820 (607) 432-0001

The Family Resource Network, Inc. (FRN) is a parent run, parent driven, 501(c)3 organization serving families of children with special needs in Chenango, Delaware, Otsego, Broome, Tioga, and Tompkins counties. Founded in 1994, FRN has provided information, support, and advocacy services to families who have children with development, special health care and mental health needs.

Services include parent education, information and referrals, trainings, support groups, and advocacy.

Source: Diocesan Public Policy Committee, Rochester, NY, September, 2011