



County Resources: Wayne

County mental health services:

Behavioral Health Network

1519 Nye Rd.

Lyons, NY 14489

315-946-5722

<http://www.co.wayne.ny.us/departments/WBHN/WBHN.htm>

Support for families of individuals with mental illness:

Finger Lakes Parent Network, www.flpn.org, 1-800-934-4244

FLPN, Inc. is a parent-governed not-for-profit organization established in 1990 focused on the needs of children and youth with emotional, behavioral, mental and/or developmental disabilities and their families. The mission of FLPN, Inc. is to support and empower families so that they can improve the quality of their lives and help their children to achieve full potential within the community.

All services are provided free of charge to any family raising a child or teen with an emotional, behavioral, mental, and/or developmental disability residing in our nine county area. It is not necessary for the youth to have a medical diagnosis or educational classification. All services are voluntary. There is no income eligibility. Completion of minimal paperwork is required. All services are designed and implemented with family input.

Services include: Family Support Groups, Intensive Support Services, Respite Care, Parent and Caregiver Education, Advocacy, Information, Referral & Peer Support, Teen Support Groups and Services, and Waiver Contract Services

Related services or resources:

Catholic Charities General Counseling program

DESCRIPTION: Comprehensive counseling services are provided to children, adults, couples, families and groups. Fees are determined according to a sliding scale. For the first visit, there is a fixed fee of \$20.

Issues addressed include depression, anxiety, trauma, sexual abuse, anger, stress, marital and relationship problems, bereavement and parenting concerns. Methods for dealing with issues include individual or group counseling, couples or family counseling, play therapy, stress or anger management programs or family skill-building groups.

Counseling services can be made available at locations of mutual convenience in Wayne County.