

THE

GOOD

2018 ANNUAL REPORT

NEWS

A PROGRESS REPORT FROM CATHOLIC CHARITIES OF THE DIOCESE OF ROCHESTER



Diocesan Catholic Charities 2018 Annual Report

In 2018, the Diocesan Catholic Charities Corporation and its affiliates touched the lives of over 250,000 individuals in the twelve county Diocese. Services were provided to individuals of all faiths and denominations. Highest priority was given to services to the poorest and most vulnerable individuals and families in our communities.

While these services and elated client stories are detailed within this report, an overview of services is:

- 44,000 individuals and families received emergency services including clothing, food, emergency financial assistance, rent assistance, transportation assistance and important emotional support
- 9,000 individuals and families were enabled to move toward self-sufficiency with family support and financial management assistance services
- <sup>a</sup> 9,000 individuals and families with special needs, including drug and alcohol rehabilitation services, mental health counselling and day and residential services for persons with intellectual, developmental disabilities, AIDS and chronic illness were assisted
- 9,000 individuals and families were provided with emergency shelter, supportive housing or permanent safe, affordable housing

- 180,000 individuals received nutrition support through food pantries, Mobile Food Pantry services, the school BackPack program and assistance in receiving SNAP benefits.

Catholic Charities keeps administration expenses low with 90 cents of each dollar expended on programs. While many services are provided through partnership with government, substantial private philanthropy sustains the range and quality of services offered in each county of the Diocese.

Catholic Charities is led by an effective Board of Directors. The Audit Committee engages an independent public accounting firm each year to conduct an audit of services. Catholic Charities funds are maintained separately and not comingled with those of the Diocese. All funds are expended in accord with donor intent.

We are grateful to the outstanding leadership and support of the Most Reverend Bishop Salvatore R. Matano, Bishop of Rochester, and each of the Board members who help make his work possible.

Jack Balinsky, *Diocesan Director*

2018 Financial Report

	Without Donor Restrictions	With Donor Restrictions	Total
<b>SUPPORT AND REVENUE:</b>			
Grants and contracts.....	\$ 33,440,173	-	\$ 33,440,173
Program service fees .....	24,749,644	-	24,749,644
Food in-kind assistance .....	7,971,189	-	7,971,189
Contributions .....	6,475,629	2,409,182	8,884,811
Food in-kind assistance .....	7,075,263	-	7,075,263
Investment income appropriated for operations .....	221,835	-	221,835
Adjustment of prior year revenue.....	177,332	-	177,332
Other .....	882,908	-	882,908
Net assets released from restrictions .....	2,419,176	(2,419,176)	-
<b>Total operating support and revenue .....</b>	<b>77,441,960</b>	<b>(9,994)</b>	<b>77,431,966</b>
<b>OPERATING EXPENSES:</b>			
Program services .....	67,399,389	-	67,399,389
Support services .....	7,376,043	-	7,376,043
Fundraising .....	1,890,190	-	1,890,190
<b>Total operating expenses.....</b>	<b>76,665,622</b>	<b>-</b>	<b>76,665,622</b>
<b>EXCESS (DEFICIENCY) OF OPERATING SUPPORT AND REVENUE OVER OPERATING EXPENSES .....</b>	<b>776,338</b>	<b>(9,994)</b>	<b>766,344</b>
<b>OTHER ITEMS:</b>			
Net (depreciation) appreciation of investments.....	(329,316)	(356,154)	(685,470)
Investment income appropriated for operations .....	-	(221,835)	(221,835)
Gain on disposal of property and equipment .....	44,216	-	44,216
Net assets released from restrictions for acquisition of property and equipment.....	62,382	(62,382)	-
Effect of change in insurance liability .....	114,651	-	114,651
<b>CHANGE IN NET ASSETS .....</b>	<b>668,271</b>	<b>(650,365)</b>	<b>17,906</b>
<b>NET ASSETS - beginning of year .....</b>	<b>12,786,921</b>	<b>6,873,311</b>	<b>19,660,232</b>
<b>NET ASSETS - end of year .....</b>	<b>\$ 13,455,192</b>	<b>\$ 6,222,946</b>	<b>\$19,678,138</b>



Catholic Charities  
Community Services

**Catholic Charities Community Services** provides services that support, coordinate, advocate, and educate in order to foster individual and community empowerment. The agency works to support clients as they work toward living independently and inclusively in the community.

At CCCS, there are multiple examples of clients achieving their goals through the help of very dedicated staff. Recently, one client, “Jane,” had a very difficult problem that was negatively impacting her life. A conflict between “Jane” and her neighbor had arisen which was creating a hostile living environment for her. It was causing her great distress and preventing her from focusing on important areas of her life, including a new job and a return to school. Conflict resolution was very difficult for her to manage. Through CCCS, “Jane” had been doing intensive work with her behavioral health specialist for over two years. She was working hard on developing problem-solving strategies and learning how to communicate effectively in order to be an advocate for herself.

Jane had been making good strides with the help of CCCS, but this situation was really weighing her down. So, she and her behavioral health specialist practiced together and built a strategy which included direct, face-to-face communication with the landlord. Her CCCS specialist accompanied her to the meeting with the landlord, offering the support she needed to be able to successfully communicate her needs and present a possible solution without becoming defensive. A few days later, Jane received word that her proposed solution had been accepted and was being implemented.

With the support of CCCS, Jane is now free to focus on the good things that lie ahead – work and school – without stress at home.



Catholic Charities of  
Chemung/Schuyler Counties

Elizabeth grew up with what she called a “decent childhood.” However, at thirteen, her parents’ divorce caused a tremendous amount of hurt and resentment. Elizabeth lived with her father following the separation, returning to the area ten years later to mend her relationship with her mother. Ultimately, her decision to move home changed her life dramatically. Eliza-



beth met a man that convinced her that drugs were the solution to her pain. Elizabeth admits, *“It was my choice, but it kind of made everything go away. At that point, I didn’t have anything for my mental health. So, I was constantly fighting a battle of super depression. The only way I could be happy was to use and numb the pain...the pain that mental illness brings.”*

Elizabeth spent the next four years struggling with her addiction to heroin and crack.

*“I didn’t have anything. If I could get high on drugs, I would and that led to me losing custody of my son. That was my wake-up call. My kids don’t deserve that life. Not having anything. Not being able to go and do anything.”*

With the help of **Catholic Charities of Chemung/Schuyler**, other agencies and her desire to change, Elizabeth was able to successfully break her addiction and become the mother she always knew she could be. She has visitation of her six-year-old son and custody of her two little girls, three years and one year. *“It’s been hard, but it’s been totally worth it. I just keep my kids in the forefront of my mind. I haven’t had the urge to use because I know what will happen, I’ll lose everything.”*

When asked, what’s one word to sum up your relationship with your Catholic Charities’ Case Manager, Elizabeth states *“Friendship. My Case Manager is someone I can count on. The bad choices that I make, if I do, she’s going to call me out on it. But she’s not going to abandon me.”* Elizabeth’s journey isn’t over. Addiction doesn’t just end, it’s a life-long struggle. However, with the support of her family, community agencies and her reason for transformation - her children - Elizabeth is on a fantastic path to a better life.



Catholic Charities of  
Steuben County

**Catholic Charities of Steuben (CCS)** participates in the Social Justice & Peace initiatives that the Diocese leads. CCS works with the five Catholic parishes in Steuben County on Social Justice issues including educating the parishes on public policy and how it relates to the church. Justice and Peace efforts help the community to see how Catholic Charities acts as the social ministry arm of the church.



In 2018, the Rochester Diocese took the stance of protecting the Dreamers from deportation during the existing legislative uncertainty. Part of the action taken included CCS collecting petition signatures from local parishes to be bundled with petitions from the entire 12 county region of the Diocese of Rochester. They were sent to government officials from each county’s respective areas and the President. This took place during public policy weekend in February.



Another Justice & Peace initiative involved encouraging local parishes to collect funds for the Catholic Relief Services (CRS) Rice Bowl Fund. 75% of the monies went towards alleviating international hunger and 25% to local food pantries such as the Corning Community Fund Pantry, Loaves and Fishes in Hammondsport, and Turning Point locations. During Lent, people place a CRS cardboard rice bowl on their table to be reminded of world hunger and are encouraged to deposit money in the rice bowl throughout Lent. The Diocese raised over \$100,000 for CRS Rice Bowl initiative to help feed many people.



## REGIONAL ROUNDUP

### Catholic Charities of Livingston County

Fourteen-year-old Tyler lives with his dad. Tyler was a mainstream student in the 8th grade at Keshequa school and really struggling. He was over his head with the workload, not understanding any of the material and acting out. He suffered cognitive and executive functioning delays. When he became overwhelmed at school, he would walk out, or actually become destructive and cause damage to the school building or classroom. He was missing at least 2 days of school per week because he would simply refuse to go.

He was enrolled in the Care Management program of **Catholic Charities of Livingston County** in Oct 2017. Care Management was able to help Tyler work out a school plan to attend all 5 days, although some of these days were half days. Through the work of the Livingston County Youth Advocate, it was ascertained that Tyler needed a smaller classroom size.

In May 2018, Tyler was transferred to the BOCES ITP program. He was placed in an appropriate 6:1:1 setting and his grades are now solidly B-B+. His attendance is excellent, and he thrives in a program where he is fully supported throughout the day.

On completion of his participation in the program, his father wrote to his case manager, *"You have been a phenomenal social worker, and I'm so extremely grateful to have come across such an empathetic, concerned social worker who truly puts her clients first. You have gone above and beyond for my family. You have bypassed your job description and always thought of ways to make my job as a single mother easier. You have taken us to emergency appointments, assisted us in the holidays, advocated for our family, provided us with food, clothing, helped with camperships for the girls, and referred me to other agencies in the community when needed. You have done so many things that have made you a great resource that I have been able to count on, day or night. You are a valuable asset to your agency and to the community at large."*

### Catholic Family Center

A core belief at **Catholic Family Center** is that if you give people hope, they can do anything. Staff meet clients at their most vulnerable and connect them to a continuum of life-changing services for themselves and their families.

From supporting vulnerable families and children facing the barriers of poverty, to empowering those who are struggling with the challenges of addiction and mental health issues on their path to recovery, to enabling people to become independent through necessary support and employment skills, over 400 staff at CFC work every day in over 45 programs and services to embrace individuals and families as they seek to fulfill their human dignity.

Earning income from employment is an important goal for so many of the individuals that come to CFC seeking to provide for their families and improve their quality of life. The Workforce Development team serves the employment needs of some of Rochester's most vulnerable populations, such as refugees and im-



migrants seeking self-sufficiency, at-risk youth, those without a high school diploma and those facing mental health and substance abuse challenges.

The approach of staff is comprehensive: Job counselors, case managers, mentors and volunteers understand that it's not enough to simply place people in open job positions. In employment, success takes the form of comprehensive assessments to take the full measure of a client's life journey, their education and the skills that they've learned. Staff address clients' fears about entry into the workforce and walk with them in formulating their employment or career goals. Staff also help guide and assist in their preparatory work, editing resumes and connecting clients to mock interviews or mentors in their career field of interest. Staff connect clients to partnering agencies in the educational and career training fields to improve their job prospects and earning potential.

Once clients are ready to start working, CFC job developers work to match those clients with open positions at one of the many companies that have long-standing relationships with CFC. This long list includes companies like Cannon Industries, Fieldtex Products, Inc., Hickey Freeman Co., University of Rochester Medical Center (Strong Staffing), Wegmans, and many local construction and carpentry firms.

Post-placement work is just as important as the preparatory efforts in that so many clients face on-going challenges that could easily derail sustained employment. CFC staff maintain contact throughout the post-placement period so that clients feel supported in their new work and have a trusted partner to address barriers that could otherwise lead to job loss.

One example of the person served through the Workforce Development Team is Connie.



Connie first came to Catholic Family Center in the fall of 2004 after being referred from drug court. After spending years drowning in addiction and being in and out of jail, she found hope for a better life when she came to Liberty Manor, one of the agency's residential rehabilitation programs for women on their path to recovery.

*"I always thought I'd go back to using. Liberty Manor put me in touch with other women and I got to see how they were doing things...they inspired me to want to try those things in my own recovery."*


While at Liberty Manor, Connie got involved with CFC's Healthy Sisters Soup & Beanworks, and quickly worked her way "up the ladder". She was a product expeditor working to get the product to different locations. For the first time, she felt trusted, which boosted her confidence as well. She shares a story of when she was working at a festival in Syracuse, and was responsible to bring back all of the cash from sales. She was shocked at first, but her manager's trust in her motivated her to want to be someone they could trust and depend on. *"Sometimes, we think if we have a relationship with the criminal justice system, we are unemployable. The Bean project acted as a resume filler, giving experience and demonstrable skills to apply for a meaningful job."* She now lives in Northeast Chili and stays busy working full time and volunteering. She has proudly been clean and sober for 15 years!

### Catholic Charities of the Finger Lakes

Through its Peer Services program, **Catholic Charities of the Finger Lakes** has worked to pair a team of individuals with regional treatment courts, for the purpose of providing one-on-one, nonclinical support to individuals with substance abuse disorders, currently active in one of three court programs. The idea of Peer Support is the creation of a team of persons, successful in their own recovery efforts, who help others experiencing similar situations. With staff assigned to programs in Ontario, Seneca and Tompkins Counties, the impact has been immediately realized in the overall success and quality of life for those participating in the program. More than 170 individuals received this essential support last year.


For Margaret (Peggy) Proseus, a Peer who supports participants involved with the program in Ontario County, serving as a Peer provides an opportunity to make a difference each and every day. Peggy is quick to point out that sometimes the relationship is slow to develop. Sometimes she needs to be persistent in reaching out, but for each person she is working with, *"there inevitably comes a time when you recognize the trust has been established, and in that moment, you have the opportunity to celebrate the small success, respond to the request for help, or simply be an ear to listen."* That sentiment is echoed by Marty Rindfleisch, the Peer Coordinator for the program in Cayuga County. *"I have been working with a participant who struggled with his usage due to the feelings of anger and resentment that seemed to consume him most of the time. By listening to his feelings and allowing him to express his feelings without judgement he could work through his feelings of frustration and low self-worth. He has been able to control his feeling and has started his own business which is very successful now."*





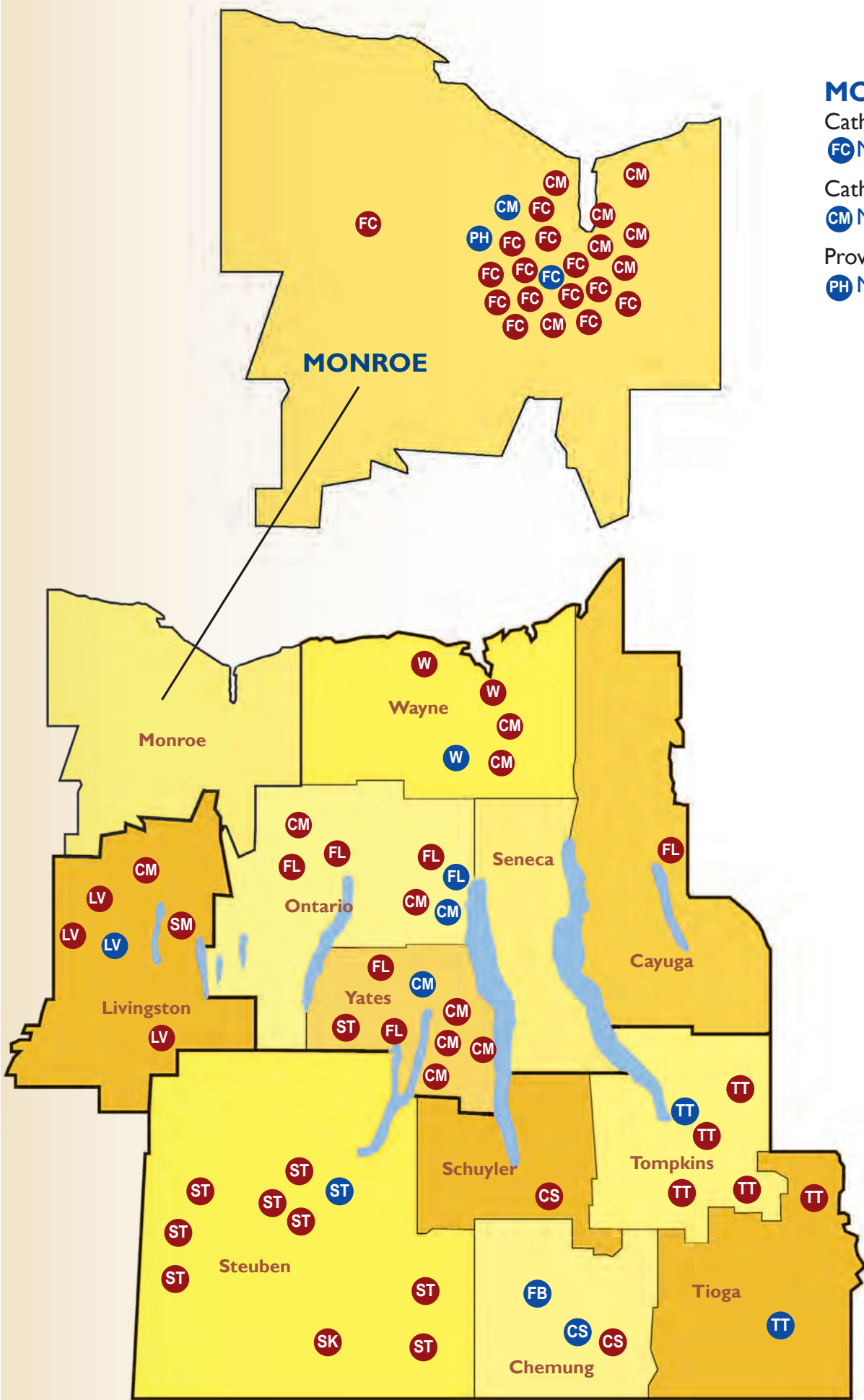
# Catholic Charities

of the Diocese of Rochester, Inc.





We help our neighbors develop skills for life. We empower them to lead healthy, productive independent lives. We provide a place where people can grow in personal dignity.



**MONROE COUNTY**

- Catholic Family Center (FC)  
FC Main Office FC Program Sites
- Catholic Charities Community Services (CM)  
CM Main Office CM Program Sites
- Providence Housing - Main Office (PH)  
PH Main Office

**AREAWIDE**

- Catholic Family Center (FC)  
FC Main Office FC Program Sites
- Catholic Charities Community Services (CM)  
CM Main Office CM Program Sites
- Catholic Charities of Livingston County (LV)  
LV Main Office LV Program Site
- Catholic Charities of the Finger Lakes (FL)  
FL Main Office FL Program Site
- Catholic Charities of the Steuben County (ST)  
ST Main Office ST Program Site
- Catholic Charities of Tompkins/Tioga (TT)  
TT Main Office TT Program Site
- Catholic Charities of Chemung/Schuyler (CS)  
CS Main Office CS Program Site
- Food Bank of the Southern Tier (FB)  
FB Main Office
- Catholic Charities of Wayne County (W)  
W Main Office W Program Site
- Camp Stella Maris (SM)  
SM Program Site



CATHOLIC CHARITIES OF THE DIOCESE OF ROCHESTER, INC.					
Agency	Emergency Services	Family Functioning/ Financial Self Sufficiency	Special Needs	Housing Services	Nutrition Security
Catholic Family Center	<ul style="list-style-type: none"><li>• 4,294 individuals</li></ul>	<ul style="list-style-type: none"><li>• Eldersource - 704 individuals</li><li>• Aging &amp; Adult Services - 1,625 individuals</li><li>• Kinship Navigator - 1,720 individuals</li><li>• Children Youth &amp; Family - 2,335 individuals</li><li>• Financial, Legal Asstiance and Guardianship Services - 1,386 individuals</li><li>• Refugee and Immigration - 3,367 individuals</li><li>• Workforce Development - 483 individuals</li></ul>	<ul style="list-style-type: none"><li>• Mental Health Clinic - 2,182 individuals</li><li>• Restart Drug Program (Outpatient &amp; Residential) - 3,655 individuals</li></ul>	<ul style="list-style-type: none"><li>• Shelters &amp; Supportive Housing - 3,607 individuals</li></ul> <div></div> <div>Catholic Charities helped 15,000 families with clothing assistanc in 2018</div>	
Catholic Charities Community Services (Serving 12 Counties)	Over 44,000 persons in our Twelve County Diocese Received Emergency Assistance in 2018		<ul style="list-style-type: none"><li>• Developmental Disabilities - 753 individuals</li><li>• Care Coordination - 1,293 individuals</li><li>• Supportive Services -289 individuals</li><li>• Clinical - 327 individuals</li></ul>	<div></div> <div>Catholic Charities helped 15,000 families with clothing assistanc in 2018</div>	
Catholic Charities of Chemung/Schuyler Counties	<ul style="list-style-type: none"><li>• Clothing - 4,234 individuals</li><li>• Diapers &amp; Formula - 302 families</li><li>• Street Outreach - 68 individuals</li></ul>	<ul style="list-style-type: none"><li>• Victims of Crime - 226 individuals</li><li>• Retired Seniors Volunteer Program (RSVP) - 169 individuals</li><li>• Tax Returns - 392 families</li></ul>	<ul style="list-style-type: none"><li>• Foster Care - 16 children</li></ul>	<ul style="list-style-type: none"><li>• Homeless Prevention - 389 individuals</li><li>• Long Term Housing Case Management - 258 individuals</li><li>• Successful Mortgage Foreclosure Preventions - 35 individuals</li><li>• First Time Homebuyers - 454 families</li><li>• Shelter - 465 families</li></ul>	<ul style="list-style-type: none"><li>• Community Kitchen- 20,418 meals served</li><li>• Food Pantry - -6,172 individuals</li></ul>
Catholic Charities of Livingston County	<ul style="list-style-type: none"><li>• Help Works Emergency Assistance - 1,726 families</li></ul>	<ul style="list-style-type: none"><li>• Faith in Action Volunteer Transportation Services - 139 individuals</li><li>• Employment Case Management- 241 individuals</li><li>• Individual &amp; Family Therapy - 116 individuals</li><li>• Parenting Classes and Case Management - 23 families</li><li>• Hope Youth Mentoring - 78 Children</li></ul>	<ul style="list-style-type: none"><li>• Home and Community Based Services - 24 individuals</li><li>• Transitional Jail Counseling - 393 individuals</li><li>• Children's Health Home Case Management - 35 children</li><li>• SSI-SSD Case Management - 26 individuals</li></ul>	<ul style="list-style-type: none"><li>• Emergency Housing - 58 families served</li></ul> <div>Catholic Charities in the Diocese of Rochester touched the lives of nearly 250,000 individuals in our twelve county diocese in 2018</div>	<ul style="list-style-type: none"><li>• Food Pantry - 2,700 individuals</li></ul>
Catholic Charities of Steuben County	<ul style="list-style-type: none"><li>• Turning Point Transportation - 16,150 individuals</li><li>• Turning Point School Supplies - 205 children</li></ul>	<ul style="list-style-type: none"><li>• Substance Abuse Prevention - 4,127 individuals</li><li>• Healthy Families - 219 families</li><li>• Family Preservation SHAPE - 196 families</li><li>• Bath Community Child Day Care - 126 children</li><li>• Laker Kids After School Care - 40 children</li><li>• Turning Point Money Managements Skills - 155 families</li><li>• Turning Point: Accessed Health Care - 1,327 individuals</li><li>• Turning Point: Surveyed Through Patient Activation - 887 individuals</li></ul>	<ul style="list-style-type: none"><li>• Weider House Community Residence - 55 men</li><li>• Kinship Supportive Living - 26 men</li><li>• Therapeutic Foster Care - 41 children</li></ul>	<ul style="list-style-type: none"><li>• Housing Assistance (Turning Point) - 247 families</li><li>• Utility Assistance (Turning Point) - 231 families</li></ul>	<ul style="list-style-type: none"><li>• SNAP Benefits (NOEP) - 262 families</li><li>• Food Pantries - 9,029 families</li><li>• Fresh Farmacy - 54 families</li></ul>
Catholic Charities of the Finger Lakes (Serving 4 Counties)	<ul style="list-style-type: none"><li>• Utility Assistance - 228 families</li><li>• Seneca County Flooding Recovery - 53 families</li></ul>	<ul style="list-style-type: none"><li>• Post Adoption and Post Guardain Services - 68 families</li></ul>	<ul style="list-style-type: none"><li>• Drug Court Case Coordination - 171 individuals</li></ul>	<ul style="list-style-type: none"><li>• Case Management Support to Homeless - 1,288 individuals</li></ul>	<ul style="list-style-type: none"><li>• Geneva Community Lunch Program - 14,686 meals served.</li></ul>
Catholic Charities of Tompkins/Tioga Counties	<ul style="list-style-type: none"><li>• Tioga Emergency Financial Assistance - 1,660 individuals</li><li>• Tompkins Emergency Financial Assistance - 3,589 individuals</li><li>• Two Free Clothing Closets - 12,000 visits</li><li>• Personal Care Products - 25,000</li><li>• Utility Assistance - 90 families</li></ul>	<ul style="list-style-type: none"><li>• Immigration Services Naturalization - 40 individuals</li><li>• Immigration Applications - 315 individuals</li><li>• Employment Placement - 20 individuals</li><li>• Youth Engagement Serive - 36 children</li><li>• Family Empowerment: - 33 families</li></ul>		<ul style="list-style-type: none"><li>• Rental Assistance - 157 families</li><li>• Transitional Housing (A Place to Stay) - 12 single homeless women</li></ul>	<ul style="list-style-type: none"><li>• Food Pantries - 1,500 individuals</li><li>• Supplemental Nutrition Assistance Program (SNAP) - 115 Families</li></ul>
Catholic Charities of Wayne County	<ul style="list-style-type: none"><li>• Wolcott Clothing Center -3,300 families</li><li>• Utility Shutoff Assistance - 210 families</li><li>• Emergency Prescription Assistance - 40 individuals</li></ul>	<ul style="list-style-type: none"><li>• College Bound -165 children</li><li>• Counseling -183 families</li><li>• Thriving Families - 1,200 individuals</li></ul>	<ul style="list-style-type: none"><li>• Early Intervention - 158 children</li><li>• Persons in Need of Supervision - 325 families</li></ul>	<ul style="list-style-type: none"><li>• La Casa -14 families</li></ul>	<ul style="list-style-type: none"><li>• Mobile Food Pantry - 2,100 individuals</li><li>• Newark Food Closet - 2,700 individuals</li></ul>
Food Bank of the Southern Tier (Serving 6 Counties)	<div></div> <div>Food assistance in 2018 was at an all time high</div> <ul style="list-style-type: none"><li>• 11.9 million pounds of food, enough for more than 9.5 million meals were distributed through 163 participating agencies. <i>Of food distributed to 18,523 each week, 38% were children and 10% seniors</i></li><li>• 3.1 million pounds of food,were distributed through the Mobile Food Pantry</li><li>• Through the Healthy Harvest Program, 2.3 million pounds of fresh fruits and vegetables were distributed.</li><li>• More than 3,000 children in all 41 school districts in the Southern Tier participated in the Backpack Program</li></ul>				
Camp Stella Maris		<ul style="list-style-type: none"><li>• Summer Programs: Resident Campers - 2,106; Day Campers - 366; Overnight Experience Campers - 65; 4-Day Stay Campers - 129; Leadership In Training - 73; Counsellors in Training - 57</li><li>• Year Round Programs - School Age Program Campers - 60</li></ul>			
Providence Housing Development				<ul style="list-style-type: none"><li>• 1,694 individuals</li><li>• 750 units in 27 projects</li></ul>	



Catholic Charities of  
Tompkins/Tioga Counties

“The most wonderful people I ever ran into in my life.” That’s how Ed Bailey describes staff members at **Catholic Charities of Tompkins/Tioga**.

Ed grew up on the family farm in Georgia, served in the US Navy, and arrived in Ithaca thinking he had a job in a restaurant lined up.

He was looking forward to having better employment opportunities up North and to be able to help his mother out financially. Unfortunately, the promised job didn’t work out. Ed ended up staying at the homeless shelter.

Ed received assistance to move into a boarding house, but unfortunately the building went days without heat in the dead of winter. Ed caught the flu not once but twice in a matter of weeks. The illness lost him days of work with the construction company who’d hired him.

Through Catholic Charities, Ed received a security deposit so he could move into his own one-bedroom apartment, which he loves. He calls the winter clothes from our free clothing closet “an amazing help”.

Personal needs products, like shampoo, soap and laundry detergent, assisted him in stretching his limited budget.

He reflected on how straightforward it was for him to receive this assistance saying, “Most people think they’re going to have to go through red tape.” Moreover, he was grateful for the respectful treatment he received, noting that at Catholic Charities he didn’t get talked to like he was “something under a rug.”

With a new place to live, a decent paying job and an account at the credit union, he remarked, “I want a fair shot to resume adult responsibility.” Catholic Charities is proud to have supported Ed on his way.



Catholic Charities of  
Wayne County

Taylor is an 18-year-old senior at Pal-Mac High School, and has been in their College Bound program of **Catholic Charities of Wayne County** since 7th grade. Taylor said of the program, “College Bound helped me get ready for college. They helped me get through college applications, college visits, and scholarships. They helped me through all the hard steps on the road to college.”

Taylor applied to and was accepted into Hartwick College for their nursing program. She received a scholarship from Hartwick worth



\$136,000 over four years, and with this scholarship and financial aid she is only having to pay \$596 per year!

Taylor has been involved with the Interact club at Pal-Mac. With Interact she has volunteered with the American Red Cross Blood Drive, Haunted Hayrides of Greater Rochester, Haunted House at Pal-Mac High School, Pal-Mac Select Choir Magical Dinner, Green Angel Project, and with many more organizations. She has also participated in the International Club in which students learn about foreign countries and their cultures.

Wayne County school guidance counselors continue to report that high case loads and increased need for crisis intervention create difficulty in providing each student the individualized attention needed for their college and career plans. Students living in high risk situations often require more one-on-one support to help them with the high school to college transition process due to limited or no parental involvement.

Historically, students referred to the College Bound program are the first in their family to attend college. The area’s high rate of poverty, combined with the rural setting, and lack of/ or limited family support, has created an environment that hinders students from open access to a college education. Guidance counselors express concern that these obstacles discourage students from pursuing post high school education, and parents of students referred consistently state that they do not know how to help their children in this phase of their life. Often, parents are not able to offer the support and guidance needed by the student to complete applications, financial aid forms, or how to proceed in the enrollment process once accepted.

Taylor’s story is an example of the success of the College Bound program. She is proud of her progress and thanks College Bound for helping steer her well towards achieving her dream of a productive and affordable college career.



Food Bank of  
the Southern Tier

After a series of major heart issues, Robin Derick would happily never set foot in a physician’s office again. But in order to get free produce weekly from the Turning Point Fresh Farmacy fruit and vegetable prescription program, a joint effort of the **Food Bank of the Southern Tier** and **Catholic Charities of Steuben**,



she willingly participates in a customized health plan developed by Keuka Family Practice, where her doctor literally wrote her a prescription for fresh produce.

“I hate going to the doctor,” Robin says. “But I did because they said ‘fresh fruits and veggies.’”

Robin, a heart attack survivor, receives just \$778 a month in disability. She lives in a small trailer on a hilltop in Avoca with no electricity or running water, and her only heat source is a small wood-burning stove she must feed every four hours. Recently, a small increase in her disability payment resulted in a decrease in her Supplemental Nutrition Assistance Program (SNAP) benefits, leaving her with less funds to buy the nutritious foods her health requires.

Because of her chronic heart condition, Robin had to quit her job as a school bus driver and has relied on the food pantry ever since. The addition of weekly produce from Fresh Farmacy takes away some of the stress she has felt to afford the foods she needs to maintain a heart-healthy diet on limited funds.

“You go to the store with \$100 and try to eat heart-healthy for a month. It doesn’t happen,” Robin says. “Fresh Farmacy frees me up to buy the other healthy items I need, like extra virgin olive oil or canola oil instead of cheaper, less healthy kinds.”

This joint Fresh Farmacy prescription program was created last fall. Turning Point used a Hunger Prevention and Nutrition Assistance Program (HPNAP) Seed Grant, administered by the Food Bank, to develop an innovative way to confronting emergency food delivery and the nutritional needs of people with low incomes.

Fresh Farmacy participants must report to a participating medical provider for regular check-ups and Turning Point staff for check-ins. Turning Point monitors the progress of participants for six months, helping clients get to medical appointments and working to solve other barriers to maintaining a healthy lifestyle. Turning Point has recently expanded the Fresh Farmacy prescription program to Canisteo and Hornell, treating the whole person through access to healthy foods with the support of the health-care community.





## REGIONAL ROUNDUP

### Providence Housing Development Corporation



In 2018, **Providence Housing Development Corporation** continued to fulfill its mission of providing safe, affordable housing to low income individuals and families, senior citizens, and persons with special needs, through its development activities, property management and administration of grant programs addressing the needs of the homeless.

While progress was made on other projects in the development pipeline, the major development accomplishment for Providence in 2018 was completion and opening in December of the Durand Senior Citizens apartments. The project was built on the site of two churches on Culver Road in Irondequoit – St. Salome's and Durand United Church of Christ. This project contains 70 one and two bedroom units for seniors 55+. The project offers seven wheelchair accessible units and three units for residents with hearing or visual impairments. Service are further enhanced by a partnership with St. Ann's Community which operates an adult day facility to provide medical and social adult day services to residents and the community at large.

In addition, in May, New York State Homes and Community Renewal approved Low-Income Housing Credit (LIHC) and Supportive Housing Opportunity Program (SHOP) funding for



*Durand Senior Citizens Apartments*



*St. Salome's Apartments*

construction of a new property in Elmira, NY- LaFrance Apartments. LaFrance Apartments will provide much needed housing paired with support services that will be provided by Catholic Charities of Chemung/Schuyler (CCCS).

The apartments will be built on a vacant infill lot across in downtown Elmira and will include 37 one-bedroom units. Twenty (20) units will be set aside for adults who were formerly homeless. All units will be either handicap accessible or adaptable. LaFrance will offer four fully wheelchair accessible units, and two units for residents with hearing or visual impairments.

At LaFrance Apartments, we will be able to serve our residents better due to our partnership with CCCS to provide on-site case management. The project will be staffed 24/7 and case managers will provide residents with education, support and accountability. On site services, which are based on resident's needs, may include activities such as financial management sessions, life skills building exercises, counseling and health/nutrition. With the partnership between Providence Housing and CCCS, LaFrance Apartments is responding to the needs of the community by providing housing and support to those in need.

From a management perspective, at the end of 2018, Providence was managing 27 different projects, encompassing 950 units housing 1,694 individuals.

With regard to grant programs, in addition to its Shelter Plus Care program, Veterans Permanent Housing program, OTADA Supportive Housing Program, City of Rochester Emergency Shelter Grant, and grant from the Monroe County Office of Mental Health, Providence initiated in 2018, a 44 unit Project Based Voucher Permanent Supportive Housing program for chronically homeless households. Providence provides over 200 units through their program.

### Camp Stella Maris

**Camp Stella Maris** was once again been blessed with a wonderful year of serving youth through Christ-centered camp experiences. By providing summer and off-season camps, as well as after school and team building programs, Camp staff helped guide participants in the discovery of a greater self, a strong relationship with God, and a respect for His creation. As a testament of the good work of our staff, this summer CSM was honored by News 10 Rochester Rocs as being the "Best Kids Summer Camp" in the Rochester region. CSM continues to have a responsibility to serve all God's children. Staff work closely with local agencies, parishes, and individuals to provide camp opportunities for children and families who are not financially able to afford Camp through the Campership Program.



## LIFE ISSUES

*Every Life Cherished, Chosen, Sent* was the theme of the 2018-2019 USCCB Respect Life Program, highlighting the inherent value of every single human life, made in the image of God.

Each one of us is

**cherished:** unconditionally loved by our Creator.

**chosen:** created uniquely by our loving God and called to a unique purpose.

**sent:** to live out that purpose, witnessing to God's love by our very lives.

The Catholic Church has a rich tradition of emphasizing the sacredness and dignity of human life.

"In 1531, when the indigenous peoples of Mexico were subjugated and the practice of human sacrifice was still a recent memory, the Mother of God appeared to St. Juan Di-

ego as a pregnant native woman, now known as Our Lady of Guadalupe." She sent him to reveal her image and mission. As a result, "millions embraced Christianity and the Church increased its protection of the indigenous peoples. By embracing the mission entrusted

to him, St. Juan Diego helped bring Christ's transforming love to cultures gripped by oppression and death." (Reprinted [Excerpted] from *Respect Life Program*, copyright © 2018, United States Conference of Catholic Bishops, Washington, D.C. All rights reserved.)



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# Have you considered a bequest or memorial gift to Catholic Charities?

Supporters of Catholic Charities who believe in the agency’s mission and efforts to help those in need can leave a lasting legacy by including a bequest to Catholic Charities in their will.

Gifts to agencies of Catholic Charities of the Diocese of Rochester provide social benefits from the Rochester area, throughout the Finger Lakes, and into the Southern Tier. Each year, the work of these agencies touches the lives of 250,000 neighbors in need. We provide food, clothing, shelter, and a wide range

of additional life-enhancing services to people of all faiths whose lives have been interrupted by poverty or illness.

As an approved charity under IRS section 501(c)(3), Catholic Charities of the Diocese of Rochester is an eligible recipient of charitable gifts and trusts.

A planned gift to any organization of the Catholic Charities of the Diocese of Rochester will go a long way toward helping individuals and families in need, and, in turn, will help strengthen our communities.



## What is a bequest?

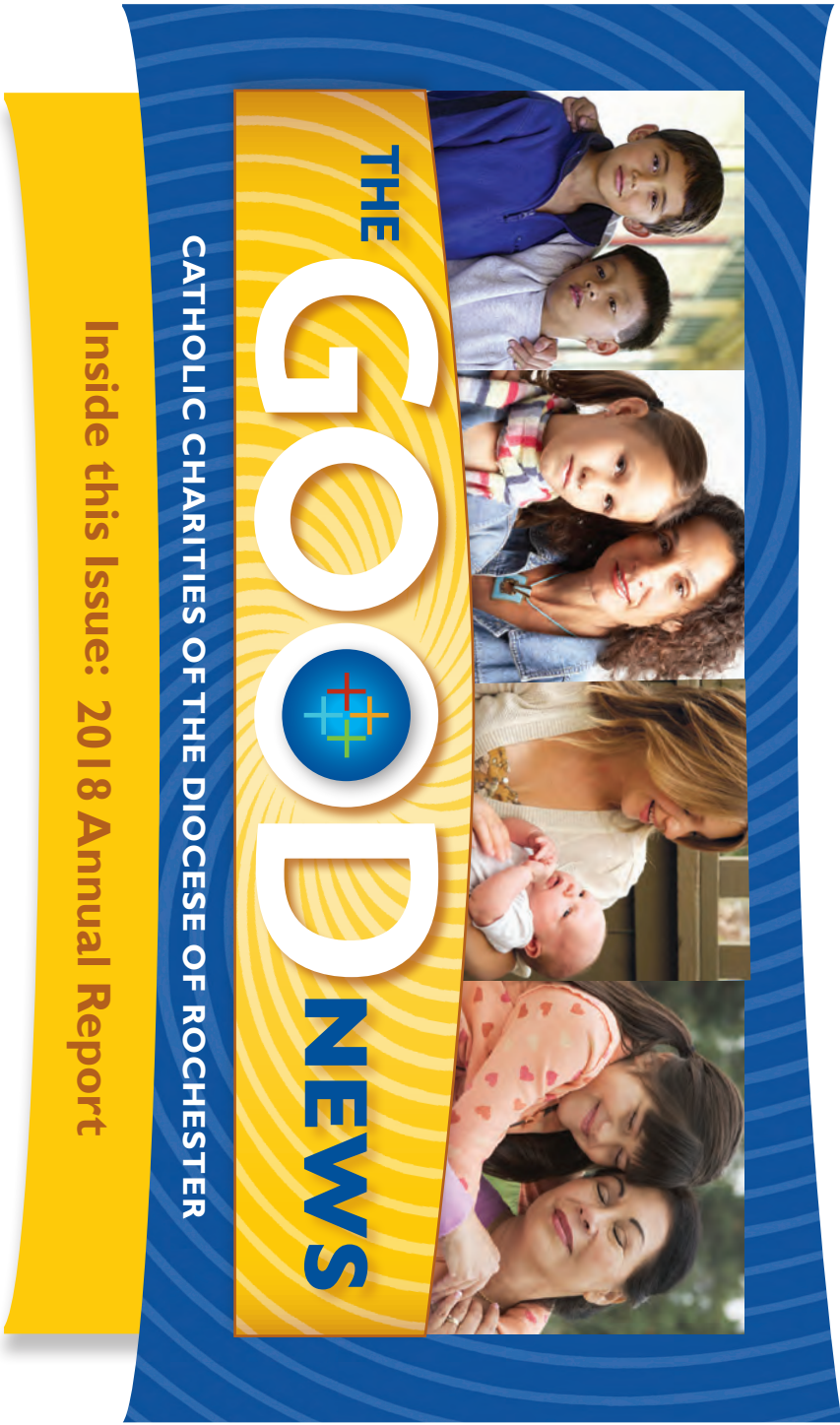
A charitable bequest is a gift option that can be used by almost everyone and allows donors an opportunity to enjoy their legacies today at no immediate cost. Bequests are easy to arrange in consultation with an attorney preparing your will.

**The wording of a bequest in your will can be as simple as the following:**

*I hereby bequeath the sum of \_\_\_\_\_ / or \_\_\_\_\_% of my estate to Catholic Charities (you can designate to Diocesan Catholic Charities, 1150 Buffalo Road, Rochester, NY 14624, or any of its agencies).*

**FOR MORE INFORMATION ON PLANNED GIVING**

Please check our web site at [www.dor.org/index.cfm/catholic-charities](http://www.dor.org/index.cfm/catholic-charities)  
call us at **585-328-3210**  
or e-mail [CatholicCharitiesInfo@dor.org](mailto:CatholicCharitiesInfo@dor.org)





CATHOLIC CHARITIES DIOCESE OF ROCHESTER  
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