



## MEMORANDUM

**To:** All Priests and Parish Staffs

**From:** The Very Reverend Paul J. Tomasso, Vicar General

**CC:** Bishop Salvatore R. Matano, Bishop of Rochester

**Date:** March 12, 2020, *Thursday of the Second Week of Lent*

**Re:** Precautions concerning COVID-19, the Coronavirus Disease, at Holy Mass and other gatherings

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In response to information provided by local and state government and health officials today, March 12, 2020, concerning COVID-19, the Coronavirus Disease, Bishop Matano has issued the following guidelines:

Concerning Holy Mass in the Diocese of Rochester, the following are to remain in effect **until further notice**:

1. Catholics who are sick from any illness are asked to stay at home for their own protection and those of others.
2. Any Catholic who feels at risk from exposure to the virus, especially the elderly and most vulnerable, are not obligated to attend Mass. Anyone with concern for his or her health is not obligated to attend Mass.
3. The exchange of the Sign of Peace during Mass is suspended. Also, there is to be no holding of hands during the Lord's prayer or at any other time during Mass.
4. Reception of the Precious Blood from the chalice is suspended. "[The pastors] should instruct the faithful that the Catholic faith teaches that Christ, whole and entire, and the true Sacrament, is received even under only one species, and hence that as regards the resulting fruits, those who receive under only one species are not deprived of any grace that is necessary for salvation." (*General Instruction of the Roman Missal*, No. 282).

5. Instruction should be given to receive the Sacred Host by avoiding any unnecessary contact. While “the Consecrated Host may be received either on the tongue or in the hand, at the discretion of each communicant,” (*General Instruction of the Roman Missal*, No 160), Catholics should be strongly encouraged to receive the Sacred Host in the hand rather than on the tongue.
6. Holy water fonts are to be emptied, cleaned and changed regularly. As a further precaution, they may be emptied or removed, if this is judged to be prudent and necessary.
7. Only fresh water is to be used for Baptisms; baptismal fonts are to be cleansed before and after every Baptism.
8. The size of many of our churches and the number in attendance allows for appropriate “social distancing” and the faithful should be advised to sit accordingly. **Note:** Effective 5:00 p.m. on Friday, March 13, 2020, the State of New York “will not permit gatherings with 500 people or more.... Additionally, for facilities with an occupancy of 500 or fewer, [the State is] reducing the legal capacity by 50%.” Based upon our church’s capacities and reported number of those attending Masses, this does not appear to affect many of our parish Masses. If it does, parishes are encouraged to offer an additional Sunday Mass to distribute the number of worshippers more widely.
9. All liturgical ministers should exercise good hygiene, particularly hand washing.
10. Frequently touched surfaces should be cleaned before and after each Mass, in accord with the *Centers for Disease Control and Prevention* Environmental Cleaning and Disinfection Recommendations. (See attached.).
11. Those who are sick and desirous of the Sacraments should have recourse to their priests, exercising prudence and charity. “May priests have the courage to get out, going to the sick to bring them the comfort of God, [and] to bring them the Eucharist.” (Pope Francis, Homily from March 10, 2020.)
12. As people of faith, we renew our commitment to pray for God’s help and protection for all who are sick, as well as the scientists, health care professionals, public officials, and all who are serving the common good.

Concerning Parishes, Diocesan Institutions and Agencies, the following are applicable **until further notice:**

1. **Note:** Effective 5:00 p.m. on Friday, March 13, 2020, the State of New York “will not permit gatherings with 500 people or more.... Additionally, for facilities with an occupancy of 500 or fewer, [the State is] reducing the legal capacity by 50%.”

2. A prudent assessment should be made of all calendar events to determine which events are essential and are able to be held without difficulty, weighing risk versus benefit.
3. Parish Religious Education programs are able to receive guidance from our Catholic Schools Office which is providing guidance to our Catholic Schools. These precautions may be found at:

<http://www.p12.nysed.gov/sss/schoolhealth/schoolhealthservices/coronavirus/covid-19-p-12-school-guidance.pdf>

<https://www.cdc.gov/nonpharmaceutical-interventions/pdf/gr-pan-flu-ed-set.pdf>

<https://health.ny.gov/diseases/communicable/coronavirus/>

If classes are cancelled, provisions should be made to provide make-up classes as is feasible.

4. The scheduled celebrations of the Sacrament of Confirmation at least up to April 14, 2020 will be rescheduled. More information will be forthcoming from the Office of Evangelization and Catechesis.

Further updates will be provided as needed.

# Coronavirus Disease 2019 (COVID-19)

## Environmental Cleaning and Disinfection Recommendations

Interim Recommendations for US Community Facilities with Suspected/Confirmed Coronavirus Disease 2019

### Background

There is much to learn about the novel coronavirus that causes coronavirus disease 2019 (COVID-19). Based on what is currently known about the virus, spread from person-to-person happens most frequently among close contacts (within about 6 feet). This type of transmission occurs via respiratory droplets. Transmission of novel coronavirus to persons from surfaces contaminated with the virus has not been documented. Transmission of coronavirus in general occurs much more commonly through respiratory droplets than through fomites. Current evidence suggests that novel coronavirus may remain viable for hours to days on surfaces made from a variety of materials. Cleaning of visibly dirty surfaces followed by disinfection is a best practice measure for prevention of COVID-19 and other viral respiratory illnesses in community settings.

### Purpose

This guidance provides recommendations on the cleaning and disinfection of rooms or areas of those with suspected or with confirmed COVID-19 have visited. It is aimed at limiting the survival of novel coronavirus in key environments. These recommendations will be updated if additional information becomes available.

These guidelines are focused on community, non-healthcare facilities (e.g., schools, institutions of higher education, offices, daycare centers, businesses, community centers) that do and do not house persons overnight. These guidelines are not meant for cleaning staff in healthcare facilities or repatriation sites, households, or for others for whom specific guidance already exists.

### Definitions

- *Community facilities* (e.g., schools, daycares centers, businesses) comprise most non-healthcare settings that are visited by the general public outside of a household.
- *Cleaning* refers to the removal of dirt and impurities, including germs, from surfaces. Cleaning alone does not kill germs. But by removing the germs, it decreases their number and therefore any risk of spreading infection.
- *Disinfecting* works by using chemicals to kill germs on surfaces. This process does not necessarily clean dirty surfaces or remove germs. But killing germs remaining on a surface after cleaning further reduces any risk of spreading infection.

### Cleaning and Disinfection After Persons Suspected/Confirmed to Have COVID-19 Have Been in the Facility

#### Timing and location of cleaning and disinfection of surfaces





- At a school, daycare center, office, or other facility that does not house people overnight:
  - It is recommended to **close off areas used by the ill persons and wait as long as practical before beginning cleaning and disinfection** to minimize potential for exposure to respiratory droplets. **Open outside doors and windows to increase air circulation in the area.** If possible, wait up to 24 hours before beginning cleaning and disinfection.
  - **Cleaning staff should clean and disinfect all areas (e.g., offices, bathrooms, and common areas) used by the ill persons, focusing especially on frequently touched surfaces.**
- At a facility that does house people overnight:

- Follow Interim Guidance for US Institutions of Higher Education on working with state and local health officials to isolate ill persons and provide temporary housing as needed.
- It is recommended to **close off areas used by the ill persons and wait as long as practical before beginning cleaning and disinfection** to minimize potential for exposure to respiratory droplets. **Open outside doors and windows to increase air circulation in the area.** If possible, wait up to 24 hours before beginning cleaning and disinfection.
- In areas where ill persons are being housed in isolation, follow Interim Guidance for Environmental Cleaning and Disinfection for U.S. Households with Suspected or Confirmed Coronavirus Disease 2019. This includes **focusing on cleaning and disinfecting common areas where staff/others providing services may come into contact with ill persons, but reducing cleaning and disinfection of bedrooms/bathrooms used by ill persons to as needed.**
- In areas where ill persons have visited or used, continue routine cleaning and disinfection as in this guidance.

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## How to Clean and Disinfect

### Surfaces

- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- For disinfection, diluted household bleach solutions, alcohol solutions with at least 70% alcohol, and most common EPA-registered household disinfectants should be effective.
  - Diluted household bleach solutions can be used if appropriate for the surface. Follow manufacturer's instructions for application and proper ventilation. Check to ensure the product is not past its expiration date. Never mix household bleach with ammonia or any other cleanser. Unexpired household bleach will be effective against coronaviruses when properly diluted.
- Prepare a bleach solution by mixing:
  - 5 tablespoons (1/3<sup>rd</sup> cup) bleach per gallon of water or
  - 4 teaspoons bleach per quart of water
  - Products with EPA-approved emerging viral pathogens claims   are expected to be effective against COVID-19 based on data for harder to kill viruses. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.).
  - For soft (porous) surfaces such as carpeted floor, rugs, and drapes, remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces. After cleaning:
    - If the items can be laundered, launder items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and then dry items completely.
    - Otherwise, use products with the EPA-approved emerging viral pathogens claims (examples at this link   ) that are suitable for porous surfaces

### Linens, Clothing, and Other Items That Go in the Laundry

- Do not shake dirty laundry; this minimize the possibility of dispersing virus through the air.
- Wash items as appropriate in accordance with the manufacturer's instructions. If possible, launder items using the warmest appropriate water setting for the items and dry items completely. Dirty laundry that has been in contact with an ill person can be washed with other people's items.
- Clean and disinfect hampers or other carts for transporting laundry according to guidance above for hard or soft surfaces.

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## Personal Protective Equipment (PPE) and Hand Hygiene:

- Cleaning staff should wear disposable gloves and gowns for all tasks in the cleaning process, including handling trash.
  - Gloves and gowns should be compatible with the disinfectant products being used.
  - Additional PPE might be required based on the cleaning/disinfectant products being used and whether there is a risk of splash.
  - Gloves and gowns should be removed carefully to avoid contamination of the wearer and the surrounding area. Be sure to clean hands after removing gloves.

- Gloves should be removed after cleaning a room or area occupied by ill persons. Clean hands immediately after gloves are removed.
- Cleaning staff should immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor.
- **Cleaning staff and others should clean hands often**, including immediately after removing gloves and after contact with an ill person, by washing hands with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains 60%-95% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.
- Follow normal preventive actions while at work and home, including cleaning hands and avoiding touching eyes, nose, or mouth with unwashed hands.
  - Additional key times to clean hands include:
    - After blowing one's nose, coughing, or sneezing
    - After using the restroom
    - Before eating or preparing food
    - After contact with animals or pets
    - Before and after providing routine care for another person who needs assistance (e.g., a child)

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### Additional Considerations for Employers:

- Employers should work with their local and state health departments to ensure appropriate local protocols and guidelines, such as updated/additional guidance for cleaning and disinfection, are followed, including for identification of new potential cases of COVID-19.
- Employers should educate staff and workers performing cleaning, laundry, and trash pick-up activities to recognize the symptoms of COVID-19 and provide instructions on what to do if they develop symptoms within 14 days after their last possible exposure to the virus. At a minimum, any staff should immediately notify their supervisor and the local health department if they develop symptoms of COVID-19. The health department will provide guidance on what actions need to be taken. When working with your local health department check their available hours.
- Employers should develop policies for worker protection and provide training to all cleaning staff on site prior to providing cleaning tasks. Training should include when to use PPE, what PPE is necessary, how to properly don (put on), use, and doff (take off) PPE, and how to properly dispose of PPE.
- Employers must ensure workers are trained on the hazards of the cleaning chemicals used in the workplace in accordance with OSHA's Hazard Communication standard (29 CFR 1910.1200 [↗](#) ).
- Employers must comply with OSHA's standards on Bloodborne Pathogens (29 CFR 1910.1030 [↗](#) ), including proper disposal of regulated waste, and PPE (29 CFR 1910.132 [↗](#) ).

### Additional Resources

- OSHA COVID-19 Website [↗](#)
- CDC Home Care Guidance